PURDUE EXTENSION

5 Focus Areas of NEP

The Nutrition Education Program (NEP) works with limited-resource audiences in 5 areas:

- 1. Nutrition
- 2. Physical activity
- 3. Food safety
- 4. Food security (hunger)
- 5. Food resource management (stretching food dollars)



NEP Target Audiences

The Purdue Extension Nutrition Education Program serves:

- SNAP recipients
- Limited-resource individuals of all ages (youth, seniors, singles, homeless, migrants, families, single parents)
- Eligible schools (50% or more free & reduced lunch)



PURDUE | NUTRITION EDUCATION EXTENSION | PROGRAM

Improving nutrition and health in communities statewide

Purdue University is an EOE/AA employer. All individuals, including minorities, women, individuals with disabilities, and veterans are encouraged to apply.

This material was funded by USDA's Supplemental Nutrition Assistance Program — SNAP.

The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact your county Extension office.

Nutrition Education Program



Improving nutrition & health in communities statewide

Improve Your Community's Nutrition & Health

Are you interested in partnering with the Purdue Extension Nutrition Education Program (NEP) on nutrition education or community change strategies related to nutrition and health? Thanks to federal funding, NEP offers two major initiatives to your county, FREE of charge.

1. Nutrition Education/SNAP-Ed

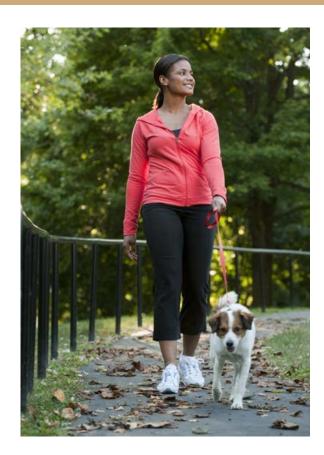
Contact your local Purdue Extension NEP Assistant to provide nutrition education to your clients or staff.

Our research-based programming is fun, hands-on and easy to understand. The highly interactive lessons help participants plan nutritious meals, be active, handle food safely, spend food dollars wisely, and improve food purchasing and preparation skills.

Lessons take place throughout your community:

Senior & community centers WIC
Faith-based organizations Work sites
Food pantries/meal sites Libraries
Preschools/schools Shelters
Farmers markets Head Start





2. Community Wellness Coordinators

Our Community Wellness Coordinators help make the healthy choice the easy choice.

Instead of focusing on direct nutrition education, they collaborate with community partners on broader community change that involves policies, systems and environments.

Ask about our work in:

Health coalitions Farm to school
Community gardens Farmers markets
School and workplace wellness Active living
Healthy corner stores Food access
Trails and parks Food pantries

Contact Us Today

Boost your community's nutrition and health. Help make the healthy choice the easy choice. It's easy! Contact your local Purdue Extension Nutrition Education Program today.

Connect with Us



Find your local Purdue Extension Office 1-888-EXT-INFO (398-4636)



http://bit.ly/PurdueNEP



Purdue Extension Nutrition Education Program



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